

| geb.jaar | j/m  | naam | schoolslag            | ss vorig jr. | borstcrawl | bc vorig jr. | rugcrawl | rc vorig jr. | totaal   | vorig jaar | verschil |          |         |          |           |
|----------|------|------|-----------------------|--------------|------------|--------------|----------|--------------|----------|------------|----------|----------|---------|----------|-----------|
| 1        | 2007 | m    | Joyce Vijlm           | 1            | 01:06,73   | 1            | 01:11,98 | 1            | 01:04,63 | 3:23,34    |          |          |         |          |           |
| 1        | 2005 | j    | Joël ten Brink        | 2            | 00:36,29   | 1            | 00:29,23 | 1            | 00:27,36 | 1:32,88    |          |          |         |          |           |
| 2        | 2005 | j    | Yochem Beelen         | 1            | 00:31,76   | 2            | 00:29,29 | 2            | 00:33,14 | 1:34,19    |          |          |         |          |           |
| 3        | 2005 | j    | Michael Wessels       | 3            | 00:42,86   | 3            | 00:47,16 | 3            | 00:52,61 | 2:22,63    |          |          |         |          |           |
| 1        | 2005 | m    | Lieve Ubink           | 1            | 00:31,17   | 2            | 00:27,88 | 2            | 00:34,06 | 1:33,11    |          |          |         |          |           |
| 2        | 2005 | m    | Annefee Kroneman      | 2            | 00:32,36   | 1            | 00:27,73 | 1            | 00:33,53 | 1:33,62    |          |          |         |          |           |
| 3        | 2006 | m    | Astrid LeatPavel      | 3            | 00:37,97   | 3            | 00:34,94 | 3            | 00:35,39 | 1:48,30    |          |          |         |          |           |
|          | 2006 | m    | Sienna Metz           |              | 00:40,11   |              | 00:48,00 |              | 00:40,39 | 2:08,50    |          |          |         |          |           |
|          | 2005 | m    | Eva van den Berg      |              | 00:42,31   |              | 00:51,56 |              | 00:38,09 | 2:11,96    |          |          |         |          |           |
|          | 2006 | m    | Babet van Olst        |              | 00:43,51   |              | 00:49,12 |              | 00:39,63 | 2:12,26    |          |          |         |          |           |
|          | 2006 | m    | Hajar Elgarmaoui      |              | 00:48,38   |              | 00:44,60 |              | 00:43,09 | 2:16,07    |          |          |         |          |           |
|          | 2005 | m    | Ariette Polinder      |              | 00:45,50   |              | 00:49,70 |              | 00:42,32 | 2:17,52    |          |          |         |          |           |
|          | 2005 | m    | Natalie Bultman       |              | 00:42,92   |              | 00:52,13 |              | 00:46,07 | 2:21,12    |          |          |         |          |           |
|          | 2006 | m    | Ninah Westerink       |              | 00:46,52   |              | 00:54,75 |              | 00:49,61 | 2:30,88    |          |          |         |          |           |
|          | 2005 | m    | Judith Elbertsen      |              | 00:51,29   |              | 00:50,08 |              | 01:05,51 | 2:46,88    |          |          |         |          |           |
| 1        | 2003 | j    | Robin Drost           | 2            | 00:58,32   | 01:05,81     | 1        | 00:46,32     | 00:52,22 | 2          | 00:55,91 | 01:01,72 | 2:40,55 | 02:59,75 | 00:19,20  |
| 2        | 2003 | j    | Pascal Mulder         | 3            | 01:00,26   | 01:10,48     | 2        | 00:48,02     | 01:04,26 | 1          | 00:53,62 | 00:59,86 | 2:41,90 | 03:14,60 | 00:32,70  |
| 3        | 2003 | j    | Jacob van Stelten     | 1            | 00:58,19   | 01:04,20     | 3        | 00:50,34     | 00:59,39 | 3          | 01:00,10 | 01:00,36 | 2:48,63 | 03:03,95 | 00:15,32  |
|          | 2003 | j    | Jelle Brouwer         |              | 01:03,80   | 01:12,41     |          | 00:59,95     | 01:04,33 |            | 01:07,14 | 01:09,14 | 3:10,89 | 03:25,88 | 00:14,99  |
|          | 2003 | j    | Henrick van Asselt    |              | 01:09,65   | 01:15,57     |          | 01:03,76     | 01:15,86 |            | 01:03,51 | 01:12,16 | 3:16,92 | 03:43,59 | 00:26,67  |
|          | 2004 | j    | Niek van Asselt       |              | 01:06,86   |              |          | 01:07,64     |          |            | 01:06,81 |          | 3:21,31 |          |           |
|          | 2003 | j    | Deacon Metz           |              | 01:11,23   |              |          | 01:17,89     |          |            | 01:04,82 |          | 3:33,94 |          |           |
|          | 2004 | j    | Robin van Klompenburg |              | 01:14,97   |              |          | 01:11,59     |          |            | 01:11,11 |          | 3:37,67 |          |           |
|          | 2004 | j    | Tim Kuipers           |              | 01:24,23   |              |          | 01:10,80     |          |            | 01:14,91 |          | 3:49,94 |          |           |
|          | 2004 | j    | Willian van Engelen   |              | 01:23,36   |              |          | 01:32,97     |          |            | 01:16,71 |          | 4:13,04 |          |           |
|          | 2004 | j    | Mats Menges           |              | 01:31,73   |              |          | 01:43,12     |          |            | 01:35,13 |          | 4:49,98 |          |           |
|          | 2004 | j    | Jeremy Shao           |              | 01:42,08   |              |          | 01:32,29     |          |            | 01:35,80 |          | 4:50,17 |          |           |
| 1        | 2003 | m    | Lian van Olst         | 3            | 01:01,76   | 01:07,58     | 2        | 00:52,37     | 01:03,70 | 1          | 00:57,34 | 01:02,70 | 2:51,47 | 03:13,98 | 00:22,51  |
| 2        | 2003 | m    | Carleyn Beelen        | 2            | 01:00,42   | 01:09,90     | 3        | 00:55,73     | 01:25,92 | 3          | 01:04,15 | 01:07,15 | 3:00,30 | 03:42,97 | 00:42,67  |
| 3        | 2003 | m    | Jannike Polinder      | 1            | 01:05,89   | 01:12,25     | 1        | 00:51,98     | 01:02,70 |            | 01:06,04 | 01:02,64 | 3:03,91 | 03:17,59 | 00:13,68  |
|          | 2003 | m    | Mathilde Hennekij     | 1            | 00:58,95   | 01:10,26     |          | 01:01,54     | 01:20,19 |            | 01:04,86 | 01:07,20 | 3:05,35 | 03:37,65 | 00:32,30  |
|          | 2003 | m    | Melissa Fiddler       |              | 01:06,15   | 01:11,26     |          | 00:56,47     | 00:59,90 |            | 01:12,39 | 01:06,60 | 3:15,01 | 03:17,76 | 00:02,75  |
|          | 2003 | m    | Nadine Kwist          |              | 01:09,65   |              |          | 01:06,84     |          | 2          | 01:02,87 |          | 3:19,36 |          |           |
|          | 2004 | m    | Ada Leat Pavel        |              | 01:15,36   |              |          | 01:04,54     |          |            | 01:17,04 |          | 3:36,94 |          |           |
|          | 2003 | m    | Manon Best            |              | 01:14,50   | 01:27,09     |          | 01:09,10     | 01:22,91 |            | 01:14,07 | 01:18,83 | 3:37,67 | 04:08,83 | 00:31,16  |
|          | 2004 | m    | Tessa Lammens         |              | 01:02,93   |              |          | 01:14,12     |          |            | 01:22,35 |          | 3:39,40 |          |           |
|          | 2004 | m    | Henrienne Bultman     |              | 01:15,86   |              |          | 01:19,17     |          |            | 01:15,73 |          | 3:50,76 |          |           |
|          | 2003 | m    | Jorinde Oudesluijs    |              | 01:18,69   |              |          | 01:19,64     |          |            | 01:16,86 |          | 3:55,19 |          |           |
|          | 2003 | m    | Anne-Wil Hazeleger    |              | 01:18,10   |              |          | 01:26,42     |          |            | 01:12,94 |          | 3:57,46 |          |           |
|          | 2003 | m    | Naomi Huizer          |              | 01:29,71   |              |          | 01:26,49     |          |            | 01:16,87 |          | 4:13,07 |          |           |
|          | 2003 | m    | Daniëlle Elbertsen    |              | 01:25,94   |              |          | 01:43,32     |          |            | 01:46,16 |          | 4:55,42 |          |           |
| 1        | 2002 | j    | Jarno Smit            | 2            | 00:59,09   | 01:12,74     | 2        | 00:54,02     | 01:07,02 | 3          | 01:00,13 | 01:04,48 | 2:53,24 | 03:24,24 | 00:31,00  |
| 2        | 2002 | j    | Bart Jan van Asselt   | 1            | 00:58,64   | 01:09,44     | 2        | 00:54,02     | 01:09,72 |            | 01:02,48 | 01:09,70 | 2:55,14 | 03:28,86 | 00:33,72  |
| 3        | 2001 | j    | Matthias Kroneman     | 3            | 01:06,30   | 01:08,40     | 1        | 00:50,74     | 01:04,72 | 2          | 00:58,10 | 01:06,81 | 2:55,14 | 03:19,93 | 00:24,79  |
|          | 2002 | j    | Guido van den Nagel   |              | 01:09,67   |              |          | 00:55,45     |          | 1          | 00:55,42 |          | 3:00,54 |          |           |
|          | 2001 | j    | Nigel Harfsterkamp    |              | 01:10,13   |              |          | 00:57,04     |          |            | 01:02,29 |          | 3:09,46 |          |           |
|          | 2002 | j    | Jos Mulder            |              | 01:08,69   | 01:17,39     |          | 00:58,73     | 01:16,26 |            | 01:07,31 | 01:12,63 | 3:14,73 | 03:46,28 | 00:31,55  |
|          | 2002 | j    | Peter van der Blonk   |              | 01:07,53   | 01:11,13     |          | 01:05,50     | 01:10,98 |            | 01:02,10 | 01:08,63 | 3:15,13 | 03:30,74 | 00:15,61  |
|          | 2002 | j    | Johan Bel             |              | 01:14,15   |              |          | 01:03,47     |          |            | 01:00,66 |          | 3:18,28 |          |           |
|          | 2002 | j    | Bertjan Schilder      |              | 01:14,80   |              |          | 00:56,67     |          |            | 01:12,34 |          | 3:23,81 |          |           |
|          | 2001 | j    | Bram Fiddler          |              | 01:10,54   | 01:27,95     |          | 01:03,81     | 01:29,89 |            | 01:13,13 | 01:17,88 | 3:27,48 | 04:15,72 | 00:48,24  |
|          | 2001 | j    | Patrick Mauritz       |              | 01:07,61   |              |          | 01:01,81     |          |            | 01:21,66 |          | 3:31,08 |          |           |
|          | 2002 | j    | Reino van Meijeren    |              | 01:07,61   | 01:06,86     |          | 01:14,58     | 01:17,94 |            | 01:11,78 | 01:08,73 | 3:33,97 | 03:33,53 | +00:00,44 |
|          | 2002 | j    | Bram van Engelen      |              | 01:20,53   |              |          | 01:26,81     |          |            | 01:11,07 |          | 3:58,41 |          |           |
| 1        | 2001 | m    | Jenka Witteveen       | 1            | 00:43,48   | 00:46,44     | 1        | 00:34,26     | 00:38,58 | 1          | 00:41,88 | 00:44,16 | 1:59,62 | 02:09,18 | 00:09,56  |
| 2        | 2001 | m    | Laura Best            | 2            | 00:50,19   | 00:52,98     | 2        | 00:39,74     | 00:48,77 |            | 00:48,92 | 00:55,29 | 2:18,85 | 02:37,04 | 00:18,19  |
| 3        | 2002 | m    | Ashley de Jong        |              | 00:52,64   | 00:53,02     | 3        | 00:39,79     | 00:46,02 | 2          | 00:47,22 | 00:48,75 | 2:19,65 | 02:27,79 | 00:08,14  |
|          | 2001 | m    | Naomi Mastenbroek     | 3            | 00:50,90   | 01:00,57     |          | 00:41,74     | 00:49,70 |            | 00:51,16 | 00:57,76 | 2:23,80 | 02:48,03 | 00:24,23  |
|          | 2001 | m    | Myrthe van Olst       |              | 00:52,12   | 00:54,82     |          | 00:40,75     | 00:47,36 |            | 00:51,04 | 00:59,51 | 2:23,91 | 02:41,69 | 00:17,78  |
|          | 2001 | m    | Laura Polinder        |              | 00:52,00   | 00:57,57     |          | 00:40,19     | 00:45,70 |            | 00:52,34 | 00:58,98 | 2:24,53 | 02:42,25 | 00:17,72  |
|          | 2001 | m    | Janita Smit           |              | 00:53,76   | 00:58,70     |          | 00:44,21     | 00:51,16 | 3          | 00:48,33 | 00:54,79 | 2:26,30 | 02:44,65 | 00:18,35  |
|          | 2001 | m    | Chimène Bonenberg     |              | 00:52,48   |              |          | 00:44,92     |          |            | 00:59,22 |          | 2:36,62 |          |           |
|          | 2002 | m    | Hiba Elgarmaoui       |              | 00:53,72   | 01:02,16     |          | 00:46,19     | 00:52,26 |            | 00:57,98 | 01:09,51 | 2:37,89 | 03:03,93 | 00:26,04  |
|          | 2002 | m    | Sarah Voerman         |              | 00:59,25   | 01:03,43     |          | 00:47,94     | 00:53,32 |            | 00:57,47 | 00:57,18 | 2:44,66 | 02:53,93 | 00:09,27  |
|          | 2001 | m    | Danique Elskamp       |              | 00:57,79   | 01:01,32     |          | 00:45,75     | 00:53,95 |            | 01:01,19 | 01:04,60 | 2:44,73 | 02:59,87 | 00:15,14  |
|          | 2001 | m    | Anne Brouwer          |              | 00:54,52   | 00:59,45     |          | 00:46,20     | 00:52,58 |            | 01:05,45 | 01:03,31 | 2:46,17 | 02:55,34 | 00:09,17  |
|          | 2002 | m    | Julia van 't Slot     |              | 01:04,92   | 01:07,98     |          | 00:46,37     | 01:01,51 |            | 00:58,21 | 01:06,80 | 2:49,50 | 03:16,29 | 00:26,79  |

| geb.jaar | j/m  | naam                 | schoolslag              | ss vorig jr. | borstcrawl | bc vorig jr. | rugcrawl | rc vorig jr. | totaal   | vorig jaar | verschil |           |
|----------|------|----------------------|-------------------------|--------------|------------|--------------|----------|--------------|----------|------------|----------|-----------|
| 2001     | m    | Leonie Breman        |                         | 01:06,83     |            | 00:50,63     |          | 00:57,75     | 2:55,21  |            |          |           |
| 2002     | m    | Melissa Mooiweer     |                         | 00:58,60     | 01:03,73   | 00:55,90     | 01:07,98 | 01:01,32     | 01:07,47 | 2:55,82    | 03:19,18 | 00:23,36  |
| 2002     | m    | Amanda Kroneman      |                         | 01:01,32     | 01:21,70   | 00:54,84     | 01:14,95 | 01:01,00     | 01:11,54 | 2:57,16    | 03:48,19 | 00:51,03  |
| 2002     | m    | Sarah van Asselt     |                         | 00:59,26     | 01:17,95   | 00:57,64     | 01:22,48 | 01:07,71     | 01:09,51 | 3:04,61    | 03:49,94 | 00:45,33  |
| 2001     | m    | Willeke Petersen     |                         | 01:02,40     | 01:15,53   | 00:56,79     | 01:20,26 | 01:09,36     | 01:26,64 | 3:08,55    | 04:02,43 | 00:53,88  |
| 2002     | m    | Ingrid van Huigenbos |                         | 01:03,46     | 01:09,34   | 01:05,73     | 01:26,15 | 01:05,51     | 01:11,57 | 3:14,70    | 03:47,06 | 00:32,36  |
| 2001     | m    | Rosa Mol             |                         | 01:08,16     | 01:12,82   | 00:57,23     | 00:57,48 | 01:13,07     | 01:09,23 | 3:18,46    | 03:19,53 | 00:01,07  |
| 2001     | m    | Denise Fidder        |                         | 01:07,26     | 01:11,67   | 01:05,56     | 01:16,26 | 01:06,53     | 01:15,52 | 3:19,35    | 03:43,45 | 00:24,10  |
| 2002     | m    | Ariëtte Hazeleger    |                         | 01:02,51     |            | 01:13,60     |          | 01:04,52     |          | 3:20,63    |          |           |
| 2001     | m    | Anouk van Huigenbos  |                         | 01:13,43     | 01:16,35   | 01:02,31     | 01:17,19 | 01:14,87     | 01:20,85 | 3:30,61    | 03:54,39 | 00:23,78  |
| 2002     | m    | Fleur Franken        |                         | 01:31,67     | 01:33,89   | 01:01,57     | 01:08,26 | 01:02,23     | 01:05,53 | 3:35,47    | 03:47,68 | 00:12,21  |
| 2001     | m    | Esmee Bultman        |                         | 01:18,70     |            | 01:06,04     |          | 01:17,64     |          | 3:42,38    |          |           |
| 2001     | m    | Liesbeth Henekij     |                         | 01:12,39     | 01:16,76   | 01:10,57     | 01:31,16 | 01:22,35     | 01:31,10 | 3:45,31    | 04:19,02 | 00:33,71  |
| 2002     | m    | Thirza van Garderen  |                         | 01:18,83     |            | 01:21,56     |          | 01:06,93     |          | 3:47,32    |          |           |
| 2001     | m    | Natalie Fidder       |                         | 01:07,23     | 01:06,57   | 01:18,23     | 01:10,64 | 01:22,50     | 01:26,70 | 3:47,96    | 03:43,91 | +00:04,05 |
|          |      |                      |                         |              |            |              |          |              |          |            |          |           |
| 1        | 1998 | j                    | Stefan Hofman           | 2            | 00:46,41   |              | 1        | 00:31,94     |          | 1:57,97    |          |           |
| 2        | 1999 | j                    | Gerrit Vlaskamp         | 1            | 00:46,02   | 00:47,98     | 2        | 00:36,34     | 00:38,36 | 2:04,71    | 02:10,20 | 00:05,49  |
| 3        | 1999 | j                    | Jasper Mulder           |              | 00:54,23   | 01:00,02     | 3        | 00:36,49     | 00:44,36 | 2:14,54    | 02:33,52 | 00:18,98  |
|          | 1998 | j                    | Diderik van Renselaar   |              | 00:51,21   |              |          | 00:37,96     |          | 2:15,75    |          |           |
|          | 1999 | j                    | Rick Vlijm              | 3            | 00:49,44   | 00:52,54     |          | 00:39,64     | 00:41,84 | 2:16,37    | 02:24,84 | 00:08,47  |
|          | 1998 | j                    | Bryan Harfsterkamp      |              | 00:54,51   |              |          | 00:37,02     |          | 2:17,86    |          |           |
|          | 1999 | j                    | Reinoud Bast            | 3            | 00:49,44   | 00:53,51     |          | 00:41,70     | 00:44,02 | 2:18,06    | 02:27,89 | 00:09,83  |
|          | 2000 | j                    | Niels Verwoerd          |              | 00:52,80   | 00:59,36     |          | 00:45,60     | 00:49,64 | 2:25,42    | 02:40,14 | 00:14,72  |
|          | 2000 | j                    | Geert Polinder          |              | 00:53,04   | 00:57,02     |          | 00:44,44     | 00:46,42 | 2:32,89    | 02:36,83 | 00:03,94  |
|          | 2000 | j                    | Edwin Pap               |              | 00:56,48   | 01:05,86     |          | 00:48,11     | 00:57,86 | 2:44,71    | 03:08,14 | 00:23,43  |
|          | 1999 | j                    | Joost vd Schootbrugge   |              | 00:58,16   |              |          | 00:47,94     |          | 2:46,45    |          |           |
|          | 2000 | j                    | Job van den Hazel       |              | 00:58,03   | 00:59,70     |          | 00:49,10     | 00:58,72 | 2:49,99    | 02:59,46 | 00:09,47  |
|          | 2000 | j                    | Yarrol Shao             |              | 01:07,68   |              |          | 01:02,25     |          | 3:15,70    |          |           |
|          |      |                      |                         |              |            |              |          |              |          |            |          |           |
| 1        | 2000 | m                    | Yentl Bouwman           | 1            | 00:45,13   | 00:45,88     | 1        | 00:37,69     | 00:37,12 | 2:11,19    | 02:11,48 | 00:00,29  |
| 2        | 1997 | m                    | Jeanette van de Mheen   | 3            | 00:51,39   | 00:51,45     |          | 00:46,51     | 00:46,39 | 2:29,04    | 02:31,00 | 00:01,96  |
| 3        | 2000 | m                    | Michelle Verwoerd       | 2            | 00:49,30   | 00:56,61     | 2        | 00:44,96     | 00:48,32 | 2:30,78    | 02:42,01 | 00:11,23  |
|          | 2000 | m                    | Marie-Christie Kleiberg |              | 00:56,18   | 01:01,48     |          | 00:46,45     | 00:59,64 | 2:40,33    | 03:10,26 | 00:29,93  |
|          | 1999 | m                    | Margriet Haverkamp      |              | 00:56,03   | 00:58,26     | 3        | 00:45,96     | 00:47,06 | 2:43,57    | 02:46,27 | 00:02,70  |
|          | 1998 | m                    | Romy Breman             |              | 00:57,18   |              |          | 00:49,32     |          | 2:44,49    |          |           |
|          | 2000 | m                    | Keona Metz              |              | 00:58,38   |              |          | 00:54,80     |          | 2:57,04    |          |           |
|          | 2000 | m                    | Kelly Fliers            |              | 01:07,39   | 01:08,42     |          | 00:52,08     | 00:59,73 | 3:01,89    | 03:15,17 | 00:13,28  |